



Periplus Of the Pond



ROUTE 7

Dep - Arr: Aquae Sinis - Albergo Diffuso

Distance: 31,803 Km

Difficulty: Hard

Type road: Asphalt, cement, gravel



1. Departing from Aquae Sinis Hotel , continue astute, leaving Santa Maria Assunta church on the right .
2. cross Piazza Stagno and take Viale Repubblica.
3. at the end of the avenue cross the wooden bridge on Rio Tanui
4. Reach the landing of the boats of of Cabras Pond : "Su Scaiu" and turn left.
5. Reached Via Tharros turn left and continue right leaving the Civic Museum of Cabras on the right
6. At the junction for "Torregrande / Oristano / San Giovanni", turn right
7. At the first bridge turn left for the dirt path up to the Peschiera Mar'e Pontis
8. Cross the small bridge and reach the square (St. Vincent Church - XVII century)
9. Cross the bridge, take the dirt path and continue up to the sheepfold
10. Continue on the left and coast along the channel up to the asphalted road SP6
11. Turn left and cross the bridge on Scolmatore Channel.
12. Take the SP6 along Aqua Urchi swamp
13. Turn right on a dirt path and continue right up to the village of San Salvatore.
14. From the Village of San Salvatore, go onto the SP7
15. Turn right onto the SP7
16. Continue right up to the intersection Is Aruttas / Ermi Beaches
17. Go straight until next intersection
18. Arrived at the fork to Bachile Bertula, turn right onto a dirt road that runs along Cabras Pond , on your right.
19. Continue along rights the main dirt road, keep your right up to the next intersection.
20. Continue straight to the intersection that meets the paved road (S.P. n ° 66).
21. From here, turn right and go straight on to the roundabout.
22. At the roundabout turn right and past the petrol station
23. Cross the bridge over Rio Mare Foghe.
24. We enter the village of Riola Sardo and at the intersection turn right to Cabras in Via Sant'Antonia.
25. After Via Sant'Antonia, turn right and take S.P. No. 58 Cabras *
26. Follow this paved road, leaving Cabras Pond on your right.
27. Reached a large bend, you find , on your right, a swampy area, , right on the edge of the paved road.
28. When you find the second dirt track, you turn right, leaving behind the wetland.



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ROUTE 7

Viewpoint/bird watching

Beach

Archaeological Site / Museum / Antiques

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29. Go on crossing rights the main path up to a fork. (If you want you can go straight until 32)
30. From here, turn right and go back for a short stretch of trail.
31. At the next junction turn left and drive along the shores of Pauli e Sali lagoon .
32. At the end of the coastal road, continue on the main trail to the south, leaving various intersections on the left.
33. Arrived at the pitch found at the start, continue straight on Via Messina and then turn right to the hotel.

